**Xafiisyada la-talinta dhibbanayaasha**

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Xafiisyada la-talinta ee dhibbanayaashu waa adeeg dawladeed oo la siyoo shakhsiyaadka loo geystay gacan-saar ama falal-dambiyeedyo kale. Waxa aannu daboolnaa wadanka oo dhan. Xafiisyadu waxa ay maadi ahaan iyo maamul ahaan hoos yimaadaan Xafiiska Magdhawga Dhibbanaha. Ehelka iyo dadka kale ee ay khuseyso iyana way nala soo xidhiidhi karaan.

Waxa aannu haynaa:

* Wadahadalo taageerid ah, talooyin iyo tilmaamo
* Caawimo ah sidii aad u codsan lahayd magdhawga dhibbanaha
* Warbixin ku saabsan xuquuqdaada
* Taageero aannu siino markhaatiyada/maragyada ka hor, inta uu socdo iyo kadib kulanka maxkamadda

**Gacan-ka-hadalka dhexmara qaraabada dhow**

Gacan-ka-hadalka ka dhex dhaca qaraabada waa xadgudub weyn oo ku yimi xaqa ah in qofku helo nolol ka caagan gacan-ka-hadal. Xadgudubyada noocan ahi waxa ay ka koobnaan karaan tacadi nafsadeed, jidheed iyo fara-xumayn. Marka ay xaaladdu adag tahay, waxa ay xafiisyada la-talintu ku siin karaan taageero, talooyin iyo tilmaamo si aad uga gudubtid xaaladda adag. Waxa kale oo aannu haynaa warbixin ku saabsan fursado kale.

**Magdhaw**

Haddii laguu geystay gacan-ka-hadal ama fal-dambiyeed kale, waxa aad xaq u lahaan kartaa in dawladdu ku siiso magdhawga dhibbanaha. Waxa aannu khibrad badan u leenahay sida dadka looga caawiyo habka loo codsado.

**Qaabkee noola soo xidhiidhi kartaa**

Waxa aad iman kartaa mid ka mid ah xaafiisyada badan ama waxa aad soo wici kartaa telefoonka adeega oo ah 815 20 077. Waxa kale oo aad farriin internet ku soo diri kartaa [post@voldsoffererstatning.no](mailto:post@voldsoffererstatning.no).

Boggayaga internetka ee voldsoffererstatning.no waxa aad ka helaysaa iimaylada, telefoonada tooska ah, cinwaan xafiisyada, wakhtiyada furiinka, magaca la-taliyayaasha iyo faahfaahin dheeraad ah oo ku saabsan adeegyada aanu hayno.

Telefoonka adeegga 815 20 077 / [post@voldsoffererstatning.no](mailto:post@voldsoffererstatning.no).

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